

Spring School Resilience, 21st – 25th May 2018

Program

Monday, 21st May 2018

Topic of the day: “*Introduction to stress research*”

16.00-17.00	Registration and Coffee
17.00-18.00	Opening Session – Participants’ introduction
18.00-18.45	Talk 1 (30 min + 15 min discussion) Isabelle Ouellet: “Introduction to stress and the human response to stress exposure.”

Evening program: Opening BBQ

Tuesday, 22nd Mai 2018

Topic: “*Introduction to resilience research and its animal models*”

09.00-09.45	Talk 2 (30 min + 15 min discussion): Prof. Tüscher: “An overview of resilience theories”
09.45-10.30	Talk 3 (30 min + 15 min discussion): Prof. Ulrich Schmitt: “Identification of resilience mechanisms in rodent models”
10.30-11.15	coffee break
11.15-13.00	Practical session: Small group work on project proposal
13.00-14.00	LUNCH
14.00-16.00	Practical session. Small group work on project proposal
16.00-16.30	COFFEE
16.30-18.00	Poster session

Evening program: Cultural night (don’t forget to bring traditional clothes, food, performances, songs etc.)

Wednesday, 23rd Mai 2018

Topic: “Animal and clinical human research on resilience”

09.00-09.45	Talk 4 (30 min + 15 min discussion): Prof. Ryu: “Identification of molecular resilience mechanisms using the zebrafish model of stress and resilience”
09.45-10.30	Talk 5 (30 min + 15 min discussion): Prof. Sinha: “Clinical resilience research in humans”
10.30-11.15	coffee break
11.15-13.00	Practical session: Small group work on project proposal
13.00-14.00	LUNCH
14.00-16.00	Practical session: Small group work on project proposal
16.00-16.30	COFFEE
16.30-18.00	Poster session

Additional free time to work on the project proposals

Thursday, 24th Mai 2018

Topic: “Basic human research on resilience”

09.00-09.45	Talk 7 (30 min + 15 min discussion): Prof. Roelofs: “Identification of resilience factors in human risk populations”
09.45-10.30	Talk 8 (30 min + 15 min discussion): Dr. Kleim: “Identification of resilience factors in human risk populations and novel methodological approaches for their investigation ”
10.30-11.15	coffee break
11.15-12.00	Talk 9 (30 min + 15 min discussion): Prof. Hermans: “Large scale neural network dynamics underlying stress and resilience to stress”
12.00-13.00	LUNCH
13.00-13.45	Talk 10 (30 min + 15 min discussion): Prof. Richter-Levin : “Translational approaches to resilience research”
15.30-16.00	COFFEE
16.00-17.30	Poster session

Closing party

Friday, 25th Mai 2018

Topic: “*Translational approaches: From animal models to clinical application*”

Possible speakers:

10.00-10.45	Talk 11 (30 min + 15 min discussion): Prof. Lyons: “Stress inoculation in rodent and primates”
10.45-11.00	COFFEE
11.00-13.00	Practical session: Presentation of the project proposals
13.00-14.00	LUNCH
14.00-15.00	Award for the best research proposal, evaluation, taking pictures and GOODBYE